



**2019 NASOM ANNUAL CONFERENCE**

**March 29<sup>th</sup> & 30, 2019**

**Marriott Pinnacle Downtown Hotel – Vancouver**

**1128 – West Hasting street, Vancouver, BC**

**First day** - March 29<sup>th</sup>, 2019

7:00-8:15

Breakfast

8:30-8:40

**Welcoming address**

8:40-9:30 0h50

**Genetic in the next decade**

Dr Millan Patel

At the end of the conference, the participant will be able to:

1. Recognize the recent advances in genetic medicine related to pregnancy
2. Select pregnant women with medical conditions that should be referred to genetic medicine in 2018.
3. Understand and apply the basics of genetic counseling around pre-test counseling and genetic test result interpretation (lifelong implications of a pathological mutation, uncertainty about pathogenicity of some mutations, etc.)

9:30-10:30 1h00

**Oral abstract presentations**

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At the end of the conference, the participant will be able to:

1. Appreciate the diversity of research in the field of obstetric medicine.
2. Implement some changes in their own practice based on the results of research or case series.

10:30-11:15 0h45

**Break and poster viewing session**

11:15-11:40 0h25

**Exercise in Pregnancy: what is new**

Dr Margie Davenport

At the end of the conference, the participant will be able to:

1. Recognize the role of exercise in prevention of maternal and fetal complications (diabetes, preeclampsia, etc.)
2. Recommend the appropriate program of exercise for pregnant women depending on the clinical situation

11:40-12:05 0h25

**That Struck a nerve**

Dr Sadiq Abdulla

At the end of the conference, the participant will be able to:

1. Review the potential complications associated with epidural analgesia
2. Review the causes of peripartum nerve injury unrelated to epidural analgesia
3. Discuss the outcomes of peripartum nerve injury and strategies for prevention

12:05-13:30 1:25

**Lunch** and Karen Rosene-Montella Lifetime achievement award

13:30-15:00 1:30

**Oral abstract presentations**

15:00-15:25 0:25

**Aspiring dosing: too many choices**

Dr Wee-Shian Chan

At the end of the presentation, the participation will be able to:

1. Prescribe the optimal dosage of aspirin for the prevention of preeclampsia in selected patients

2. Discuss the rationale behind the usage of higher dose of aspirin

15:25-16:15 0:50

**Break and poster viewing session**

16:15-17:15 1:00

**Member's Symposium: Postpartum Cardiovascular Risk Reduction Clinics: The North American Experience**

At the end of the conference, the participant will be able to:

1. Demonstrate collaboration between multiple specialties
2. Offer evidence-based educational content

17:30-18:30

NASOM Business Meeting

20:00

NASOM dinner at the Stanley Park Tea House

**2nd day – March 30<sup>th</sup>, 2019**

7:00-8:30

Breakfast  
Meet the president (For new members)

8:30-9h30 1:00

Top 5 of the 2018 Obstetric Medicine literature  
Dr Jayson Potts and Dr Serena Gundy

At the end of the session, the participant will be able to:

1. Revise the key articles published in 2018 in Obstetric Medicine
2. Critically analyze data and decide if changes in practice should be made.

9:30-10:15 0:45

**Closing the Loop from Risk Counseling to Research on the Safety of Pregnancy Exposures: the MotherToBaby Model**

Dr Christina Chambers

At the end of the conference, the participant will be able to:

1. Describe the current availability of human data on risk or safety of prescription medications for use in pregnancy
2. Identify methods and challenges in enrolling pregnant women in pregnancy registries.
3. Understand the small prospective cohort study model for evaluating safety of new drugs and how this has been applied in the real world.

10:15 -11:00 0:45

**Break and poster-viewing session**

11:00-11:50 0:50

**Oral abstract presentations**

11:50-12:50 1:00

When you hear hoof beats, think pregnant zebras.

Case Presenters: Dr Tessa Chaworth-Musters (OBIM)

Panel Members:

Maternal Fetal Medicine:

- a) Dr Sharan Mann (neurology)
- b) Dr Anton Chau (anesthesia)
- c) Dr Julie Robertson (MFM)
- d) Dr Leslie Zypchen-Hematology
- e) Dr Tessa Chaworth-Musters

At the end of the conference the participant will be able to

- a) Appreciate the details of a challenging case, including the deliberations of an expert multidisciplinary panel
- b) Review the complexities of determining timing of delivery in the face of maternal catastrophic illness, and the role of various obstetrical and non-obstetrical care-providers
- c) Review the use of therapeutic options infrequently used in the pregnant patient
- d) Highlight the difficulty in differentiating pregnancy from non-pregnancy associated diagnoses

12:50-13:00

**Closing remarks and Awards**

13:00

End of meeting