

# 2016 - Top 10 for 10

## The TOP Articles for OBMED Learners

December 2016



**I HAVE NO CONFLICTS**

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## The TOP Articles for OBMED Learners

- Purpose
  - *Must Read* articles collected for learners completing their GIM Fellowship rotation
  - Survey of 10 OBMED Physicians FOR their best 10 articles
    - Also identified Should Read articles (honourable mention)

Step 1            Articles Collection (Contenders)

Step 2            Survey completed (Articles scored)

Step 3            Top 10 Reading List identified

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## STEP 1: Articles Collection(Contenders)

- Articles Collection
  - 10 OBMED physicians were asked to contribute articles *please put yourself in the position of a 4<sup>th</sup> year GIM fellow who is relatively new to Obstetric Medicine. Articles should:*
    - Be applicable to a large number of patients.
    - Help to guide clinical practice.
    - Be evidence based or represent a consensus.
  - 62 CONTENDER articles recommended by 8 physicians

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## Step 2: Survey for Scoring Articles

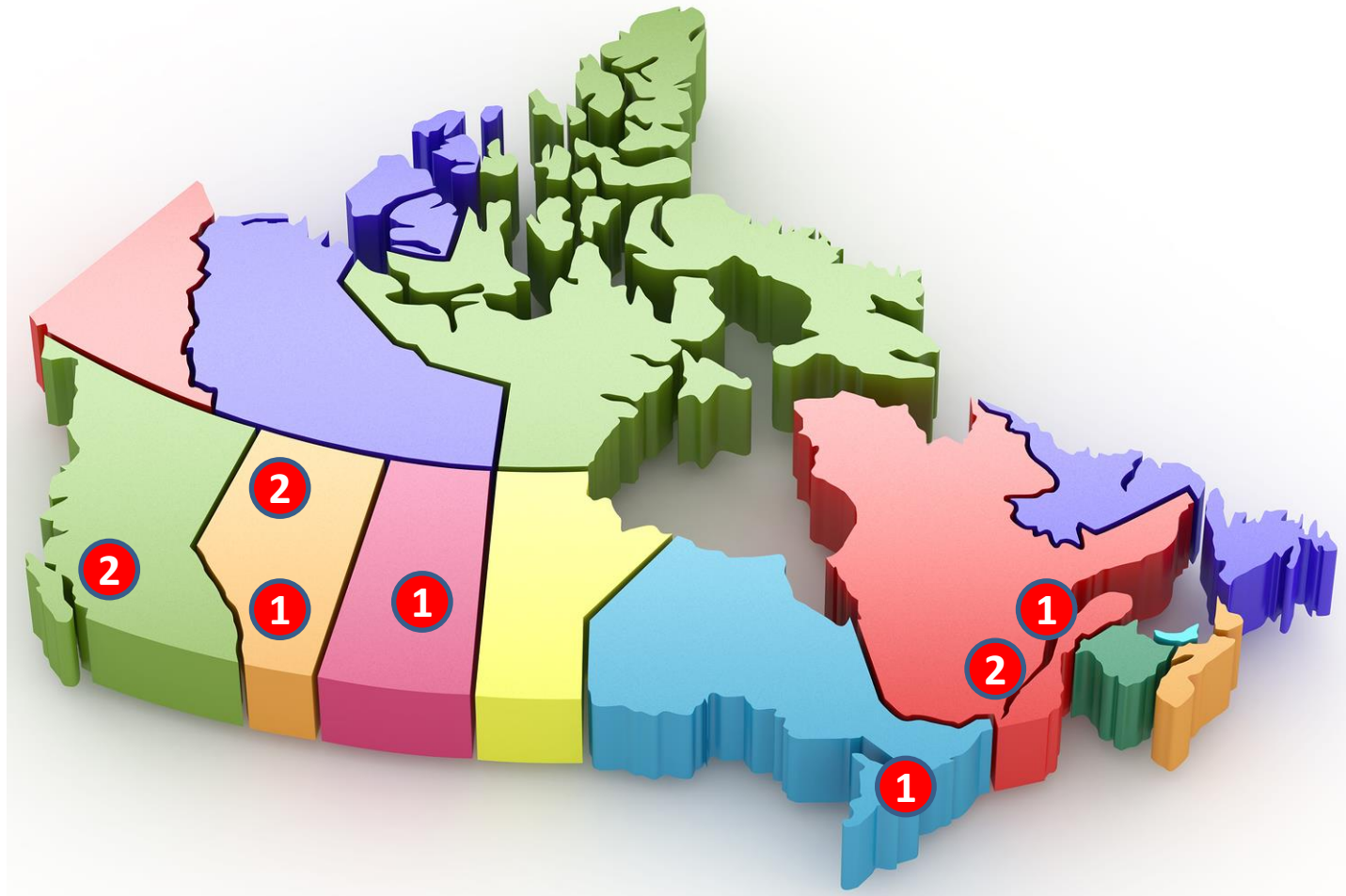
10 OBMED physicians completed survey

- Instructions suggested that high scores be based on:
  - HIGH YIELD information:
    - stuff that GIM fellows need to know.
  - EVIDENCE/Consensus statements/practice guidance that influence management
- When scoring articles remember when you started in OBMED:
  - The need to get to the BASICS and best practices FAST.
  - The anxiety in transitioning to the care of pregnant patient

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## Step 2: Survey Participants

10 Survey Participants, All OBMED Physicians (16 requests)



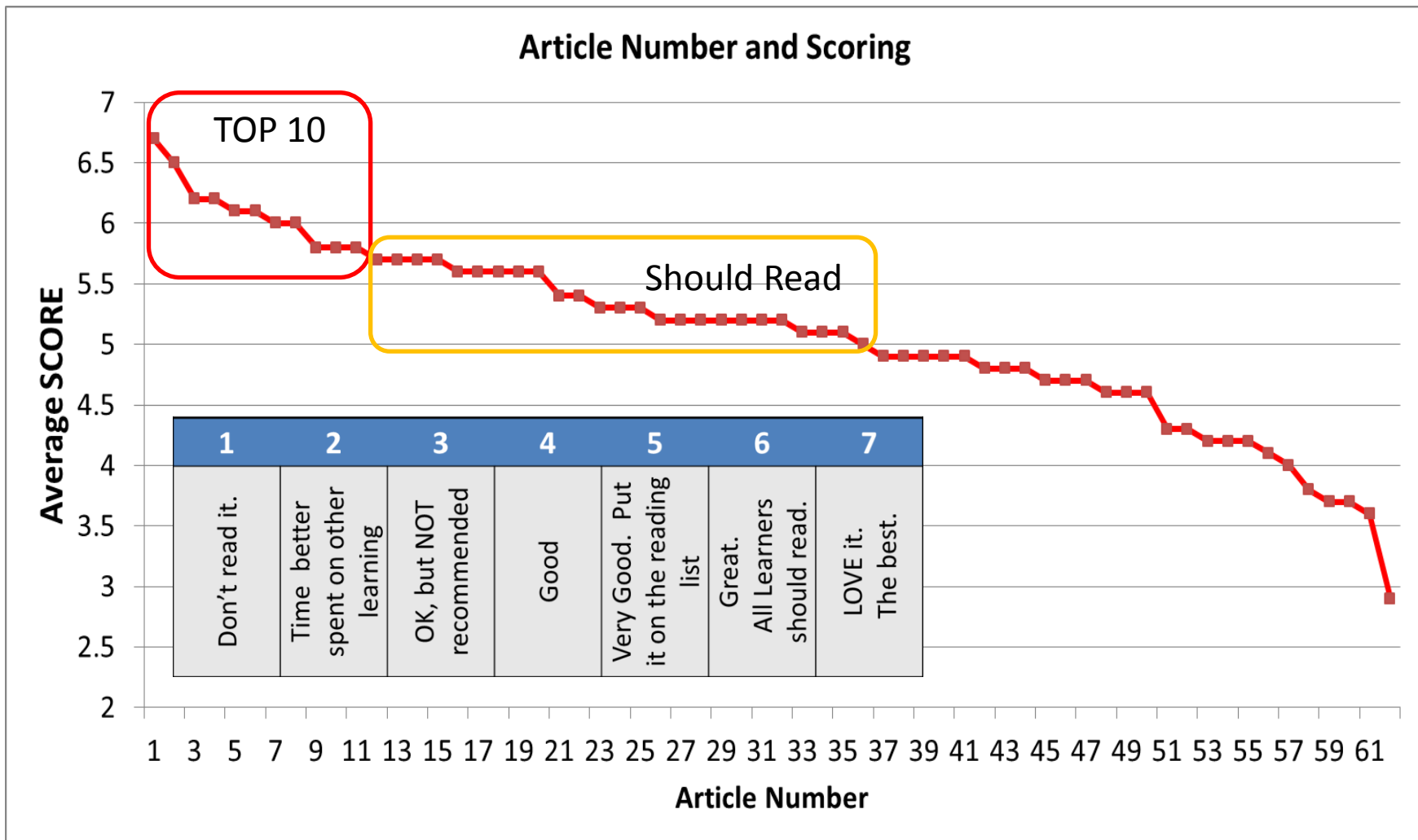
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## Step 2: Survey for Scoring Articles

1	2	3	4	5	6	7
Don't read it.	Time better spent on other learning	OK, but NOT recommended	Good	Very Good. Put it on the reading list	Great. All Learners should read.	LOVE it. The best.

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## Step 3: Top 10 Reading List



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## Step 3: Top 10 Reading List

Year	Title	PMID/Web
2014	SOGC Hypertension Guidelines	25184972
2014	SOGC VTE Guidelines	24927193
2002	Magpie Trial Altman D	12057549
2016	ACOG Imaging Guidelines	26942391
2011	ESC Cardiology Guidelines	21873418
2016	Toronto Consensus on IBD	26688268
2012	Counselling in CKD - Bramham K	22641575
2016	High Risk Cardiac - Elkayam U	27443437
2007	ASA for Preeclampsia Prevention - Askie LM	17512048
2015	CHIPS Trial - Magee LA	25629739
2016	RCOG Epilepsy Guidelines	<a href="http://www.rcog.org.uk/en/guidelines-research-services/guidelines/gtg68/">www.rcog.org.uk/en/guidelines-research-services/guidelines/gtg68/</a>



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## Honourable Mention (Should Read) Score > 5

Year	Title	Year	Title
2012	Endocrine Society Thyroid Management	2016	MRI and GBCA Safety Ray JG
2013	ASH Guide on Thrombocytopenia	2008	Risk of T2DM after GDM Feig DS
2013	Dermatosis of Pregnancy Lehrhoff S	2008	MIG Trial Metformin Vs Insulin Rowan J
<b>2014</b>	<b>Cardiac Arrest Consensus Lipmans S</b> ★	2012	ACCP 9th VTE Guidelines
2010	Preeclampsia Steegers EA	2013	Thrombocytopenia Gernsheimer T
2011	ATA Thyroid Disease	2015	<b>EMBRACCE Maternal Mortality Review UK</b> ★
2011	ATS PE Guideline	2016	PROMISSE Predictors of outcomes in Lupus Buyon JP
2013	<b>Acute Neurologic Emergencies Edlow JA</b> ★	2016	Thoracic Aortic Disease Wanga S
2014	RCOG Obstetric Cholestasis GTG 43	2008	HAPO Trial Hyperglycemia and Adverse Outcomes
2015	<b>EULAR Rheumatic Drugs</b> ★	2014	LMWH to prevent placental complications Rodger MA
2016	RCOG Guidelines NVP and HG GTG 69	2015	Recurrence Risk of HDP
2005	CHAMPS Study Long Term CV Risk Ray JG	2009	UK Guidelines for Imaging in Pregnancy
2015	AHA Circulation- Maternal Cardiac Arrest	2014	<b>SOS Trial Identifying SEPSIS</b> ★

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## Next Step

- THANK YOU TO ALL PARTICIPANTS
  - Participation certificates are being emailed
- Weaknesses
  - Missed Articles
  - Limited recognition of important research/trials
  - Missing Systems in the TOP 10 (EMMBRACE)
- Comments and Feedback appreciated
  - Please consider participating in 2017
  - Contact: [jayson.potts@cw.bc.ca](mailto:jayson.potts@cw.bc.ca)
- Please share this list