

NASOM - Top Articles of 2018

The 3rd Annual Best Evidence Survey

April 2019



<http://www.nasom.org/>

This years top articles were presented at the
NASOM Annual Conference: March 30, 2019 – Vancouver.

Survey Lead: Jayson Potts - jayson.potts@cw.bc.ca

On behalf of the NASOM 2018 Best Evidence Team:

Michèle Mahone - Serena Gundy - Xavier Thompson

Jayson Potts - Nicole Hugel

The 3rd Annual Best Evidence Survey

Method

- 12 participants contributed 70 articles meeting the requested criteria:
 - Applicable to a large number of patients
 - Help to guide clinical practice
 - Evidence-based or represent a consensus
 - Provide new evidence to guide practice.
- 14 reviewers scored articles with the 7 point scale

1	2	3	4	5	6	7
Don't read it.	Time better spent on other learning	OK, but NOT recommended	Good	Very Good. Put it on the reading list	Great. All Learners should read.	LOVE it. The best.

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14 Reviewers evaluated 70 articles



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Clinical Guidelines took all TOP 5 Places this year

GUIDELINES	Score	PubMed ID
Diabetes and Pregnancy. Diabetes Canada Clinical Practice Guidelines Expert Committee – Denice S. Feig	6.21	29650105
2018 ESC Guidelines for the management of cardiovascular diseases during pregnancy - J.W Roos-Hesselink	6.07	30704724
American Society of Hematology 2018 guidelines for management of venous thromboembolism in the context of pregnancy – S. Bates	6.07	30482767
2019 Canadian guideline for physical activity throughout pregnancy - M. F. Mottola	5.86	30337460
Hypertensive Disorders of Pregnancy ISSHP Classification, Diagnosis, and Management Recommendations for International Practice – M. A. Brown	5.71	29899139

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TOP Research Articles – Scoring above 5 (Very Good)

Research Articles	Score	PubMed ID
Aspirin for the prevention of preterm and term preeclampsia: systematic review and metaanalysis – S Roberge	5.64	29138036
Pregnancy Outcomes in Women With Heart Disease The CARPREG II Study – CK Silversides	5.5	29793631
Trajectory of Cardiovascular Risk Factors After Hypertensive Disorders of Pregnancy An Argument for Follow-Up – TKJ Groenhof	5.4	30571544
Blood Pressure Profile 1 Year After Severe Preeclampsia – L Benschop	5.29	29437895
Diagnosis of Pulmonary Embolism During Pregnancy A Multicenter Prospective Management Outcome Study – M Righini	5.21	30357273
Selective serotonin reuptake inhibitor use during early pregnancy and congenital malformations: a systematic review and meta-analysis of cohort studies of more than 9 million births - S-Y Gao	5.14	30415641
Platelet Counts during Pregnancy – J A Reese	5	30332565

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Star Contributors

This year's top 3 best evidence contributors are...



1 st	Rshmi Khurana	U. of Alberta
2 nd	Nicole Hugel	UBC - Vancouver
3 rd	Michèle Mahone	U. de Montreal

(Award winners were identified by calculating the average score of all articles submitted by each contributor.)

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THANK YOU to all participants!

Looking forward to next year.

The NASOM 2018 Best Evidence Team
Michèle Mahone - Serena Gundy - Xavier Thompson
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